### Four types of Educational Activities

**Preparation**

**Overseas training**
(2-4 weeks / exchange program)

Participation of different Universities

**First step to studying abroad**
Big training program in 2018 and 2021 by Tokai University Training Vessel “Bosei-Maru”, Practice at Russian Medical structures, Medical Device Manufacturers Companies and internships during the period of studying abroad.

*(Outbound) Life-care corporations, University Hospital, PE centers etc.*

*(Outbound) Russian hospitals, Health care companies, Workshops with Russian students etc.*

**Enhancement**

**Study abroad**
(middle and long term)
(6-12 month / exchange program)

Credit course. Special lectures before participation in Program.

Conversion of credits. Pre-departure education including crisis management, report of results after participation in program and attendance of career development subjects.

*(Outbound) Global program subjects, students forum, anti-aging EP at University Hospital, visiting Japanese companies.*

*(Outbound) Courses in Russian and English, Internship etc.*

**Double Degree Program**

Degree in both Universities

Credit transfer for graduate courses

Start with FEFU

**Medical Check-up Training**
(2-6 weeks / exchange program)

**for Medical School students**
Practical training at Image Diagnostic Center and Medical Examination Center

In collaboration with Medical Device Manufacturers, Medical Hospitals consultants etc.

*(Outbound) Training program for image diagnosis and ultrasonography diagnosis.*

*(Outbound) Training program for Tokai University Medical school students (with credits)*

**Inbound**

- Training program for image diagnosis and ultrasonography diagnosis.

**Outbound**

- Training program for Tokai University Medical school students (with credits)

**Partner Universities**

- **Lomonosov Moscow State University** (Moscow)
  Established in 1755  [http://www.msu.ru/](http://www.msu.ru/)
  8 Schools (School of Biomedicine, School of Law, School of Engineering)

- **The Far Eastern State Medical University** (Khabarovsk)
  Established in 1930  [http://www.fesmu.ru](http://www.fesmu.ru)
  6 Faculties (Faculty of Medical Prophylactic, Pediatric Faculty, Faculty of Dentistry)

- **NRU "Higher School of Economics"** (Moscow)
  13 Faculties (Faculty of Economics, Faculty of Humanities, Faculty of Social Science etc.)

- **Sakhalin State University** (Yuzhno-Sakhalinsk)
  Established in 1949  [http://sakhgu.ru](http://sakhgu.ru)
  6 Faculties (Institute of Law, Economics and Management, Institute of Oil and Gas Engineering etc.)

---

**Fostering Bridge Personnel between Russia and Japan on Life Care for Economic Development in Russian Far East**

**International Education Center, Tokai University**

Responsible person for Inter-University Exchange project
4-4-1, Kitakaname, Hiratsuka, Kanagawa Prefecture Shonan Campus, 1 bldg., Tokai University
Phone number : +81-463-50-2086 (direct)  E-mail : tokai.russia@ml.u-tokai.ac.jp

Projects’ Official Home Page  [http://www.russia.u-tokai.ac.jp](http://www.russia.u-tokai.ac.jp)
Kiyoshi Yamada
Tokai University
Chancellor,
Life Care.

- Life Care.

facilities to one of the most important issues?

Faculty members and students of Tokai University.

This program consists of 4 types of social problems of both

be brave and ambitious to join our team to

Health Studies has been opened on April 2018.

human resources for the development of

Sports and other spheres connected with Life Care

Center, Tokyo, Japan-Russia diagnostic center for preventive care, etc.

results are the types of social problems of both
countries and fostering of personnel

connected with sphere of Life Care is the

development of Russia and Japan. Extension

both countries and support economic
development of Russia and Japan. Extension

of healthy life expectancy and development of

society with better Quality of Life was

included into Eight-point Plan of Bilateral

Economic Cooperation between Russia and

Japan in December, 2016. These two aspects

are the types of social problems of both
countries and fostering of personnel

connected with sphere of Life Care is the

highest priority task.

Taking advantage of the strength of university (19 faculties, 79 departments, University Hospital located at the campus, Tokai University has been working on cultivating the specialists in Medicine, Health Care, Sports and other spheres connected with Life Care since 1970s. To foster new type of human resources for the development of healthy society, a new faculty - School of Health Studies has been opened on April 2018.

This program consists of 4 types of educational activities including bilateral student exchange for short/medium/long terms, internships supported by industrial partners and double degree program in order to cultivate human resources who can contribute to the economic development as well as extension of healthy life expectancy in Russian Far East. Faculty members and students of Tokai University will work as for successful implementation of the project. Dear students, be brave and ambitious to join our team to tackle with one of the most important issues - Life Care.

Tokai University started to foster a personnel, specialized on Life care in 1970s. The main aim is to provide a healthy society by increasing lifespan and QOL. On April 2018, new Faculty - School of Health Studies was opened.

Background of the Program

Eight-point Plan of Bilateral Economic Cooperation between Russia and Japan

Extending length of healthy living
Promotion of industrial diversification and improvement of productivity
City and urban development
Development of industries and export bases in the FE
Enhancement of small to mid-size business cooperation
Cooperation on advanced technologies
Energy
Expansion of people-to-people exchange

Tokai University started to foster a personnel, specialized on Life care in 1970s. The main aim is to provide a healthy society by increasing lifespan and QOL. On April 2018, new Faculty - School of Health Studies was opened.

40 Years History of Cooperation with Russia

The Idea of International Cooperation of Tokai University is to provide a Peace through Academic Cooperation

Results of Cooperation with Russia

Results of 40 years Cooperation with Russia: number of exchange students is more than 1000 for today

From 1973 - Academic Agreement with Moscow State University
1974 - Start of Academic exchange program for MSU students
1989 - Agreement of Cooperation with FESU/ Research vessel “Bosei-Maru” visit to Vladivostok
1993 - Establishment of Tokai Alumni Association at MSU

The 150th Anniversary of Establishment of Japan-Russia Diplomatic Relations (participation in celebration at Vladivostok)

Russian-Japanese Students Forum (co-organizer)

2009 - Conferration Honorary Degree to Prime Minister Vladimir Putin
2013 - 40th Anniversary of Cooperation between MSU and Tokai
2014 - Eurasia Students Forum (co-organizer)
2015 - Participation of Chancellor of Tokai University on East Economic Forum

Since 1970s Tokai University has been working on a wide range of research connected with the 21st century type of Life Care from the complex approach aimed for early detection of disease and promotion of health, such as: engineering, science, information analysis, basic / clinical research, genetic research, exercise physiology.

Program configuration diagram

Fostering Bridge Personnel between Russia and Japan on Life Care for Economic Development in Russian Far East

40 Years History of Cooperation with Russia

Results of the survey on “the bridge personnel sought in Russian and Japanese companies”

Tokai University - Far Eastern Federal University (FEFU)

Far Eastern Federal University (Vladivostok)
Far Eastern State Medical University (Khabarovsk)
Sakhalin State University (Yuzhno-Sakhalinsk)
M. V. Lomonosov Moscow State University (Moscow)
National Research University Higher School of Economics (Moscow)

Partner universities and fostering process

Overseas training (2 to 4 weeks /exchange program)
• First step to studying abroad • Big training program in 2016 and 2021 by Tokai University Training Vessel "Bosei Maru"

Study abroad (medium-term /long-term)
(6 to 12 weeks /exchange program)
• Credit course • Special lectures before the program

Medical Check-up Training (3 to 6 weeks /exchange program)
• Training in a image diagnosis and medical check-up center • Industry-academic training among medical equipment manufacturer, trading companies, and medical consultant etc.

Double Degree Program
• Credit transfer system for graduate courses • Start with FEFU

Worldview and the Japanese view developed by education of Japanese culture and intercultural understanding

Working Fields for the Global Personnel

Table: Working Fields for the Global Personnel

<table>
<thead>
<tr>
<th>Field</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Business</td>
<td>Trading company, health sports, medical equipment, biological inspection system, functional food, health care consultant, health care interpreting, etc.</td>
</tr>
</tbody>
</table>